

# 4th of July Weekend

*Club Hours*  
*7:00am - 3:00pm*

## **Group X Schedule**

### Saturday July 4th

8:00 - 9:00 Sunrise Cycling w/ Danielle

9:30 - 10:45 Nia w/ Colleen in MBE studio

9:30 - 11:00 Kickboxing w/ John & Jen

### Sunday July 5th

9:00 - 10:15 Cycling & Abs w/ Danielle

**\*Cancelled Classes:**

**Saturday Reformer & Sunday Yoga**

## *Kid's Club*

### *Saturday July 4th*

*9:00am - 12noon\**

*By reservation only*

## **Aquatics**

Family Swim

9:00am - 2:00pm

*\*Wild Waves has been cancelled*